

Living with Psychosis

the psychodynamic development model of psychosis
and its psychosocial application

WORKSHOP

Explanations of psychosis in terms of brain disease have little meaning or practical use in the everyday challenge of living with psychosis – **for those experiencing psychosis, as well as those caring for or working with them.**

Service users, carers and professionals require understanding which enables them to identify ways to constructively respond to and contain psychotic disturbance in their everyday lives or professional roles.

The **Living with Psychosis** workshop introduces a psychodynamic perspective on the vulnerability to psychotic disturbance as an evolved potential of the human mind. Rather than seeing psychosis as the manifestation of non-intentional pathological brain processes, it is conceptualised as the expression of a mind which has acquired particular structures and psychosocial functioning through specific developmental processes in early life.

Vulnerability to psychosis is identified as persistence of an omnipotent part of infantile psycho-sexual development into adult life. This leads to difficulties negotiating the inevitable challenges associated with acquiring and maintaining an adult social / sexual position and relationships.

The **Living with Psychosis** workshop introduces this perspective and its psychosocial application; making manifestations of psychosis intelligible and responsive, in terms of their preoccupation with social / sexual status and relating.

Saturday 14th & 21st November 2009

2.00 - 4:30 pm

St. James's House, 15-20 Bruges Place, Baynes Street, Camden NW1 0TF

for further information &
Booking please see

www.arboursassociation.org or www.sjh.org.uk
tel: 020 7428 8662



Fee: £50

St James's House

Living with Psychosis

WORKSHOP

The workshop provides an introduction to the key aspects of the psychodynamic development model of psychosis and its application in clinical and psychosocial settings

The workshop is of theoretical and practical interest to mental health and social care professionals as well as students and trainees

Participants will be provided with copies of key papers / documents and an extended further reading list

OUTLINE

- **psychodynamic development model of psychosis**
 - evolutionary role of human premature birth
 - infantile dependence and function of omnipotence
 - infantile super ego
 - encapsulation of infantile omnipotence and superego
 - oedipal structure / triangulation / reality
 - desire and guilt
 - repression, projective identification, disavowal
- **diagnosis** - neurosis / psychosis spectrum
- **psychosocial engagement model**
 - differentiating psychotic and non-psychotic parts
 - recognising psychotic intentionality
 - relating to psychosis / diplomatic intervention
- **clinical and psychosocial examples**

WORKSHOP FACILITATORS

Andreas Ginkell - Psychoanalytic Psychotherapist; Co-Chair Arbours Association Psychotherapy Training; Director St.James's House – Jobs in Mind Mental Health Charity

Paula Conway - Consultant Clinical Psychologist; Psychoanalytic Psychotherapist; Manager Tavistock-Haringey Looked After Children Service - Tavistock and Portman NHS Foundation Trust;

please print

BOOKING

Name

Occupation

Organisation

Address

Phone

Email

To: St.James's House, 15-20 Bruges Place, Baynes Street, London NW1 0TF

Email: LWP@sjh.org.uk

Fee: £50 - please include cheque payable to St.James's House